



Monbulk Pre-School Newsletter

June 2016

Dear Parents,
Where did term 2 go! We welcome Sandy to the Pre-School as new 3 year old Educator and Friday Educator in the 4 year old group. As always we wish everyone a happy, safe and relaxing holiday.
Judy, Jenny, Sue, Sandy, Ann & Becky ☺

June Birthday's



HAPPY BIRTHDAY TO...

Grace on June 2nd
Emma on June 4th
Jaxon on June 5th
Kye on June 11th
Kade on June 12th
Eliza on June 13th
Scarlett on June 14th

Quality Area 7- Leadership & Service Management

2017 Enrolments

Enrolment applications for 2017 will be sent out at the beginning of term 3. Please get them returned as soon as possible so we can plan groups and sessions early.

Scholastic and Book/Gifts Direct

Please be aware if you order any Scholastic or Books Direct (in foyer) they must be paid for prior to delivery. Staff will not be covering any orders anymore. Please put order and money in a labelled envelope and give to Judy or Jenny

Lost Property

Our lost property basket in the foyer is very full. Please have a sort through this to see if anything belongs to your child. The basket will be sorted at the end of the term and items donated to the School Op Shop.

End of Term Clean

End of term 2 is almost upon us, come along if you can spare ½ an hour to help clean some kinder items. See staff if you are able to help.

Quality Area 2- Children's Health & Safety and Quality Area 6- Collaborative Partnerships with Families & Communities

Healthy Start to School Booklet

This is a great resource for families. A copy is available to read in the foyer or you can download your own copy at www.betterhealth.vic.gov.au

Asthma Trigger's

People with asthma are sensitive to different triggers in their environment. Triggers cause inflammation (swelling & redness) in their airways and make asthma worse. People with asthma will often have different triggers to the next person. Managing your asthma includes identifying which triggers make your symptoms worse and avoiding or minimising exposure to these triggers as best as practically possible.

Two types of triggers- allergic (allergens) and non-allergic.

Many allergens are carried in dust which floats around in the air you breathe. Can contain allergens such as house dust mite droppings, insect debris, pollens, skin, scales and fur particles from animals, food dust and moulds. Other triggers are respiratory (common colds), some medications, cigarette smoke, perfumes, chemicals, cold, dry air, exercise and physical activity, wood fire smoke, paint and gases.

One of the most common triggers for asthma attacks is exercise and physical activity. This is definitely one trigger not to avoid, as exercise is an essential part of a healthy lifestyle.

Vitamin D

We are aware of the importance of vitamin D. Our policy here is that we have many opportunities to play outside, increasing exposure to winter sun.

All children are encouraged to have time outside every day.

In Victoria, the average UV is below 3 between May until August, making it a great time to roll up your sleeves and get some winter sun. Most people need between two to three hours of midday winter sun exposure spread over a week, to the face, arms, hands (or equivalent area of skin) to help with their vitamin D levels.

Immunisation

If your child has recently had their 4 year old immunisations please let us know so we can update our records

Illness & Absences

As it is getting colder, we have noticed a few children starting to get sick. Please make sure you give the kinder a call letting us know if your child is away sick. Especially if your child has an infectious illness that requires us to notify all families (information is kept confidential). A list of Infectious Diseases is in the display folder in the foyer (a copy can also be provided to you on request). This explains the period of time that children must be excluded from kinder when they have or have been in contact with an infectious disease.

A copy of 'The Blue Book: Guidelines for the control of infectious diseases' is also available in the office. This contains a lot of information sheets that can be photocopied for you on request. We will also display relevant information in the foyer when required.

Families are reminded that exclusion is required for some childhood illnesses. For example children can only return to kinder 24 hours after vomiting or diarrhoea has stopped. If you are not sure if your child can return to kinder after an illness you can call and speak to staff for advice.

Monbulk Pre-School Centre

Mailing Address: PO Box 375, Monbulk, 3793

Address: 21 Main Road, Monbulk, 3793

Telephone: 9756 7379.

Email: monbulk.kin@kindergarten.vic.gov.au

Dates for Your Diary:

Monday 13th June- Queen's Birthday Public Holiday

Friday 24th June- Last sessions for Term 2

Monday 11th July- First Day Term 3

Quality Area 6- Collaborative Partnerships with Families & Communities

General Information

- Make sure your child has wet weather gear for outside (warm waterproof jackets and beanies). A lot of children don't seem to have their hats in their bags. As they are becoming independent set your child up for success. Make sure they know where their hat is, do they like to wear that hat, can they put it on easily
- Children are still having trouble opening their lunch/snack boxes
- We encourage the children to be responsible for their own things. This takes a lot of encouragement and some things are still lost so please ensure you name all items- even undies! It is amazing how many undies are on the locker room floor at the end of the day!
 - Bringing toys from home is discouraged. However if your child insists on bringing items you'll understand that we ask your child to keep them in their bags and we explain why. It's often much easier coming from us than you- the children tend to not argue with us!
- We are teaching all the children to cough into their elbows rather than cover their mouth with their hands- stops germs on their hands being easily transmitted around the room

Fiona Hawker

As a community we were all saddened at the recent passing of Fiona. A bank account has been set up to help the family. The details are:
Rotary Club of Monbulk and District

BSB: 633 000

Acc: 154 198 386

Reference: Hawker Family

If you prefer you can also pop into the Monbulk Bendigo Bank to make a donation.

Quality Area 6- Collaborative Partnerships with Families & Communities

FUNDRAISING

Entertainment™ Book

We are currently selling Entertainment™ Books. They are \$65 and contain many savings. You can purchase either a book or digital membership (download as App on to your phone). To order go to their secure online site at www.entbook.com.au/183w444. Alternatively we do have some books available to purchase- just put your money in the cupboard in the kitchen. A sample book is located in the foyer.

Jeans for Genes Day

Over the last few years Monbulk Pre-School has raised \$217 for Jeans for Genes Day. We have registered again for 2016 and the day is coming up on 5th August. Our fundraising kit has been ordered and once it arrives will be available in the foyer.



More mud patch fun- perfect wet play clothes!



Zoom Zoom Zoom the Blue Room are going to the Moon!

Breakfast at Kinder!



Smiles for Miles Healthy Teeth Program

Responsible Pet Ownership Program



QAI- Educational Program & Practice

3 Year Old Room

Term 2 is well underway and traditionally this is a busy term. At this stage of the year the children are feeling a sense of belonging, they feel valued and heard. Their interests are catered for, they feel comfortable and confident within their environment. As Educators we wait for them to take ownership of their room, to explore, create and play confidently, to begin to express their needs and ideas to both Educators and peers. The children are moving from parallel play to co-operative; they are becoming interested in each other, greeting and talking to each other. At this stage, the room becomes quite noisy and most mat time activities are louder with the children becoming more involved and excited.

Awareness of others is important at this stage- being respectful, listening and following instructions. This is the stage where they all have a great deal to say and want to talk over the top of everyone else (everyone talking at once). In response to this, at mat time, we teach listening, turn taking and being aware of others needs through more instructional songs with sequential learning themes. This is also reflected in table top activities.

Movement becomes instructional and in a group format to prepare us to walk together as a group, to have a partner, to take care of that person and most importantly to stay together as a group. Songs and stories that foster this are: *We're going on a bear hunt*, *Bushwalk* and *Jungle walk*. The children quickly learn what is expected through practice, predictable verse, common language and guidance. The teaching staff quickly learn who are the children who need support; some children are impulsive, others are fearful, and some have the need to organise others. As a result of all of the indoor practice, we were ready to venture out into the world; our first steps outside the safety of our kindergarten environment and into our community- we walked around the Hub! Up steps and down steps, through doorways and along corridors. We held hands and tried to stay in line. We survived! Today the Hub, who knows, perhaps we'll walk across to the School next!

Due to Sarah leaving, my main focus for the last six weeks has been to support the children through the transition stage of different Educators in the room, to remain feeling comfortable and cared for, despite change. In response to this the room has remained predictable and expectations consistent. This benefits both the relieving staff and the children. It is important that we reinforce to the children that change is OK, and that everything changes in the world around us- the seasons, people, places etc.

We welcome Sandy Trinnick into the team (she started with us this week). Thank you to Robyn and Shelley for stepping into the Co-Educators role, for supporting the program and philosophy with professionalism and ease.

Thank you also to Pilar. We began our Spanish lessons this term. The children were engaged through songs and play, learning colours, numbers and short phrases. I'm hoping to continue Spanish in term 4- provided funds are available. *Gracious Pilar!*

- Please note that it is at this time of the year that I will begin discussing with some parents about their children having a second year and also requiring assistance with speech
- If you have any questions regarding your child's development please feel free to make a time after sessions to talk with me

4 Year Old Room

Refer regular emails sent by Judy.

This week they started the social skills program. This involves a short DVD and group discussion about a different topic each week. Includes such things as taking turns, greeting each other, how to enter a group etc. The weekly topics are emailed to all families with a copy also on display on the foyer noticeboard.

Each Wednesday the children are going upstairs to the library and joining in the Bookaburra storytelling group.